



MAYOR SILVERIO 'SAL' VEGA
PROUDLY PRESENTS
RECREATION FOR ALL!

Commissioners Riccardi, Lange, Rodríguez and Fernández-López

www.westnewyorknj.org

MARCH 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Senior Bingo 1-3pm Hudson Hall Mens' Basketball Semi-Finals 7:30pm-10pm Middle School Boys HS Basketball League 6-8:30pm Middle School	2 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm Boys HS Basketball League 6-8:30pm Middle School	3	4 Senior Tai-Chi Senior Food Shopping Pathmark, Weehawken 1-3pm Mens' Basketball Championships 6pm-9pm Middle School Boys HS Basketball League	5 Senior Bingo 1-3pm 430 62nd Street Open Gym Basketball 4pm-6pm Middle School	6 Senior Tai-Chi 7:30am PS# 5 Traveling Team Basketball Playoffs (ages 13-15) 3pm-8pm Middle School
7 Traveling Team Basketball Playoffs (ages 8-12) 9am-5pm Middle School	8 Senior Bingo 1-3pm Hudson Hall Boys HS Basketball League 6-8:30pm Middle School	9 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm Boys HS Basketball League 6-8:30pm Middle School	10	11 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm Boys HS Basketball League 6-8:30pm Middle School	12 Senior Bingo 1-3pm 430 62nd Street Open Gym Basketball 4pm-6pm Middle School	13 Senior Tai-Chi 7:30am PS# 5
14 Traveling Team Basketball Playoffs (ages 8-12) 9am-5pm Middle School Daylight Savings Begins	15 Senior Bingo 1-3pm Hudson Hall Boys HS Basketball League 6-8:30pm Middle School	16 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm Boys HS Basketball League 6-8:30pm Middle School	17 St. Patrick's Day	18 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm Boys HS Basketball League 6-8:30pm Middle School	19 Senior Bingo 1-3pm 430 62nd Street Open Gym Basketball 4pm-6pm Middle School	20 Senior Tai-Chi 7:30am PS# 5 Trip to Smithville, NJ* 9am Hudson Hall \$5pp First Day of Spring
21 Traveling Team Basketball Championships (ages 8-12) 9am-5pm Middle School	22 Senior Bingo 1-3pm Hudson Hall Trip to Sands Casino* 10am Hudson Hall \$30pp Boys HS Basketball League 6-8:30pm Middle School	23 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm Boys HS Basketball League 6-8:30pm Middle School	24	25 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm Boys HS Basketball League 6-8:30pm Middle School	26 Senior Bingo 1-3pm 430 62nd Street Open Gym Basketball 4pm-6pm Middle School	27 Senior Tai-Chi 7:30am PS# 5 Easter Egg Hunt 12pm Middle School
28	29 Senior Bingo 1-3pm Hudson Hall Boys HS Basketball League 6-8:30pm Middle School Passover Begins (at Sunset)	30 Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm Boys HS Basketball League 6:30-9:30pm PS#1	31	Every Week Monday - Friday Baseball Clinic PS#1 Gym 6:30 - 9:30pm Basketball Registration Middle School 3 - 5pm Pre-Prep Basketball Registration Middle School (Age 13-14) 3-5pm Babe Ruth Baseball Registration 6:30 - 9:30 PS #1 Little League Baseball Registration 4 - 8 pm Middle School Every Week Monday - Thursday Cheerleading Practice PS #4 3:30 - 8pm		

★ REGISTRATION IN PERSON
TICKET AND PAYMENT (IF ANY) IN ADVANCE.

SENIOR SHOPPING GUIDE
 Senior Food Shopping Trips Senior Mall Trips Mon-Fri - 9:30am
 Please Note: MON - Bergen Mall, Paramus
 TUE Covers Eastside TUE - Newport Mall, Jersey City
 THU Covers Westside WED - Garden State Plaza, Paramus
 --Tuesday Blvd. East Pick-ups THU - Edgewater Commons
 are at 11:30am FRI - Mill Creek, Secaucus
 Bergenline Jitney Runs Mon-Sat 9am-1pm Local Only



**EL ALCALDE SILVERIO "SAL" VEGA
TIENE EL PLACER DE PRESENTAR
RECREACIÓN PARA TODOS!**

Comisionados Riccardi, Lange, Rodríguez y Fernández-López
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MARZO 2010



Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
	1 Bingo para Ancianos 1-3pm Hudson Hall Baloncesto Masculino Semi-Final 7:30pm-10pm Middle School Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	2 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	3	4 Tai-Chi para Ancianos Viaje al mercado para Ancianos Pathmark, Baloncesto Masculino Campeonato 6pm-9pm Middle School Liga de Baloncesto para Varones en Secundaria	5 Bingo para Ancianos 1-3pm 430 62nd Street Gimnasio Abierto para Baloncesto 4pm-6pm Middle School	6 Tai-Chi para Ancianos 7:30am PS#5 Baloncesto, Fuera de la Ciudad, Campeonato (ages 13-15) 3pm-8pm Middle School
7 Baloncesto, Fuera de la Ciudad, Campeonato (ages 8-12) 9am-5pm Middle School	8 Bingo para Ancianos 1-3pm Hudson Hall Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	9 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos ShopRite, Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	10	11 Tai-Chi para Ancianos Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	12 Bingo para Ancianos 1-3pm 430 62nd Street Gimnasio Abierto para Baloncesto 4pm-6pm Middle School	13 Tai-Chi para Ancianos 7:30am PS#5

14 Baloncesto, Fuera de la Ciudad, Campeonato (ages 8-12) 9am-5pm Middle School Comienzo de la temporada de ahorro de luz	15 Bingo para Ancianos 1-3pm Hudson Hall Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	16 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	17 Día de San Patricio	18 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	19 Bingo para Ancianos 1-3pm 430 62nd Street Gimnasio Abierto para Baloncesto 4pm-6pm Middle School	20 Tai-Chi para Ancianos 7:30am PS#5 Viaje a Smithville, NJ* 9am Hudson Hall \$5pp Primer Día de Primavera
21 Baloncesto, Fuera de la Ciudad, Campeonato (ages 8-12) 9am-5pm Middle School	22 Bingo para Ancianos 1-3pm Hudson Hall Viaje a Sands Casino, PA* 10am Hudson Hall \$30pp Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	23 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	24	25 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Ancianos ShopRite, Columbia Park 1pm-3pm Liga de Baloncesto para Varones en Secundaria 6-8:30pm Middle School	26 Bingo para Ancianos 1-3pm 430 62nd Street Gimnasio Abierto para Baloncesto 4pm-6pm Middle School	27 Tai-Chi para Ancianos 7:30am PS#5 Caza del Huevo de Pascua 12pm Escuela Middle School

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29 Bingo para Ancianos 1-3pm Hudson Hall
Liga de Baloncesto para Varones en Secundaria
6-8:30pm Middle School
Passover Empieza
al Anochecer

30 Tai-Chi para Ancianos 8:30-9:30am Hudson Hall
Viaje al mercado para Ancianos Pathmark,
Liga de Baloncesto para Varones en Secundaria
6-8:30pm Middle School

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Cada Semana, Lunes a Viernes Desde Noviembre 10

Clinicas de Beisbol PS#1 Gimnasio 6:30 - 9:30pm
Registación para Baloncesto Escuela Middle School 3 - 5pm
Pre-Prep Baloncesto (Edades 13-14) Registación 3 - 5pm
Registación para Liga de Beisbol Babe Ruth PS #1 6:30 - 9:30
Registación para Pequeñas Ligas de Beisbol Middle School 4 - 8 pm

Cada Semana, Lunes a Jueves
Práctica para Animadores - PS #4 3:30 - 8pm

GUÍA DE PASEOS PARA LOS ANCIANOS

Viajes al Mercado Nota: Paseos al Mall para Ancianos de Lun a Vier 9:30am
MAR Cubre la sección Este
JUE Cubre la sección Oeste
-La Recogida de los Martes en Boulevard East es a las 11:30
Bus de Bergenline funciona:
Lun-Sáb 9am-1pm Sólo Local

Paseos al Mall para Ancianos de Lun a Vier 9:30am
LUN - Bergen Mall, Paramus
MAR - Newport Mall, Jersey City
MIER - Garden State Plaza, Paramus
JUE - Edgewater Commons
VIER - Mill Creek, Secaucus

★ REGISTRACIÓN EN PERSONA.
PAGO POR ADELANTADO